Sharing God's Love in Our Community Through Prayer, Study and Action

St. Ann's Episcopal Church in Afton, NY (Member of the Chenango District)

The Parish News

www.stannsaftonny.org

The Newsletter of St. Ann's Episcopal Church, Afton, NY

Clergy: The Reverend Fr. David A. Hanselman Cell: 761-4601 Office: 656-9502

If you desire Father David to visit you or give you a call, please contact him at one of the numbers above.

In an emergency and Fr. David can't be reached, please contact one of the wardens.

Wardens: Betty Vail: 639-1201 Tracey Tallmadge: 343-1301



From Fr. Dave

The current book I'm reading is *Solitude: Seeking Wisdom in Extremes* by Robert Kull. While, of course, there's a story behind how I happened upon this book, that's not the focus of this month's meditation.

In Solitude, the author finally realizes a decades' long wish he had to spend a year in remote wilderness solitude. One year, all by himself (though he ended up including a cat) somewhere on a small island in the southernmost region of Chile's Patagonia area. Fortunately for him, and greatly appreciated by him, there were no large predators to worry about!

One year virtually entirely alone.

And so I got to meditating on the difference between lonely and alone. There were times, Scripture tells us, when Jesus went off to be alone. And Scripture also relates to us moments when Jesus clearly felt all alone. The most poignant and heartbreaking example, of course, is his cry from the cross, "My God, my God, why have you forsaken me?"

Innumerable books have been written on the subject, so what can I say that won't be simplistic or trite? Well, what I've found in my own life is how important it is to find "alone" time and how spiritually challenging (disheartening, is probably a better word) being lonely is.

But I have discovered a few things: feeling lonely when surrounded by people is a pain that can be moderated by finding some time to actually be alone. Somehow, when people are around you when you're feeling lonely, this sometimes just adds to the pain. But, usually, when you do feel lonely, find someone, perhaps some one person, to whom you can say, "Life holds no color any more. I feel all alone." But, and this is crucially important, make sure it's a person that can honestly reply, "I'm sorry you feel that way and I'm worried about you. Please, tell me about it." Some folks are simply unable to appropriately respond to heartfelt admissions of loneliness.

These things, and patience in marking time, are the only things I've found to ease the pain of loneliness. Alone time is important, but just as important is having someone to turn to when loneliness sets in. Kull's book is an amazing read of an amazing experience. May God richly bless all of you.

SPECIAL THANKS TO ALL WHO SERVE

<u>Note to all who serve</u>: It would be most helpful if, when you cannot make your assigned date, you would arrange for a substitute. If you are unable to do that, please notify a warden. Thanks for your cooperation!

Church School		Morning Prayer		Food Pantry		
Oct. 2	R.Felldin			Oct. 10	Closed - Holiday	
Oct 9	M.Harding	T.Vail	B.Vail	Oct. 12	M.Kelly/J.Rettberg	
Oct 16	B.Vail					
Oct 23	M.Kelly	B.Vail	R.Felldin			
Oct 30	K.Vail	D.Wieber	M.Harding			
Date	Service	OT Reader	Epistle Reader	CS	EM	Acolytes
Oct 2	HC	C.Cimini	M.Harding	AC	MH	A.Cimini/D.Wieber
Oct 9	MP	B.Vail	T.Tallmadge	TV		T.Tallmadge
Oct 16	HC	A.Wieber	D.Wieber	BV	DW	T.Tallmadge/D.Wieber
Oct 23	MP	R.Felldin	T.Tallmadge	RF		T.Tallmadge
Oct 30	MP	A.Wieber	D.Wieber	MH		B.Vail/G.Vail
Nov 6	HC	C.Cimini	A.Cimini	AC	CC	A.Cimini/B.Vail
Lectionary (Year C)						
Date	Service	OT Reading	Psalm	Epistle Reading		Gospel Reading
Oct 2	HC	Lamentations 1:1-6	Psalm 137	2 Timothy 1:1-14		Luke 17:5-10
Oct 9	MP	Jeremiah 29:1, 4-7	Psalm 66:1-11	2 Timothy 2:8-15		Luke 17:11-19
Oct 16	НС	Jeremiah 31:27- 34	Psalm 119:97-104	2 Timothy 3:14—4:5		Luke 18:1-8
Oct 23	MP	Joel 2:23-32	Psalm 65	2 Timothy 4:6-8, 16- 18		Luke 18:9-14
Oct 30	MP	Daniel 7:1-3, 15-18	Psalm 149	Ephesians 1:11-23		Luke 6:20-31
Nov 6	НС	Haggai 1:15b– 2:9	Psalm 145:1-5, 18- 22	2 Thess. 2:1-5, 13-17		Luke 20:27-38

Altar Guild Duty for the month of October is Judy Rettberg 208-4023. If you are giving flowers in memory a loved one, please notify Peter Vail 607-639-1444 no later than the Thursday before the designated Sunday so that he can include a notice in the bulletin.

ANNUAL MEETING: On October 2nd, 2016, St. Ann's annual meeting will be held. The Vestry encourages everyone to attend. In the Episcopal Church, the annual meeting is required by canon law (church bylaws) and is not typically lengthy. One Warden and Two Vestry persons will be elected and reports on activities within the Parish will be distributed.

Page 3 of 8 October 2016

Time is too slow for those who wait, Too swift for those who fear, Too long for those who grieve, too short for those who rejoice, But for those who love, time is eternity.

St. Ann's Prayer List

It has been suggested individuals on the parish the newsletter. A The names listed are not the parish and may other requests for which



for October 2016

that the names of prayer list be included in current listing follows. necessarily members of include individuals or we have been asked to

pray. The clergy persons of the Chenango District are included. Please remember these individuals in your personal prayers. Send or give any additions or changes to Tom Vail, 639-1201. Please note: Long term names will be left on the list indefinitely, short term names for two months unless updated.

Long Term

Carol

Peter

Joyce

Mya

Holly

Cindy

Lois

Clifford

Richard

Dakota

Derek

Annika

Declan

Elliott

Sasha

Bob

Bill

Fr. David Hanselman

Fr. Bruce MacDuffie

Deacon Kay

Bishop "Skip" Adams

Pastor Becky

Very Rev. Dr. DeDe Duncan-Probe

Bishop Michael Curry

The Revs Ralph & Liz Groskoph

Pope Francis

Zion Church

St. Paul's Church

St. Andrew's Church

St. Matthew's Church

Short Term

Michael Charles
Gabby Kathleen
Cheryl Ann
Suzanne Marsey
Harry Rev. Don Matthews

Fran

Fred

The General Theological Seminary of the Episcopal Church The vestry of St. Ann's, Emanuel, Epiphany, & St. Peter's Churches The following prayer is from the Evening Prayer service in the Book of Common Prayer:

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ, give rest to the weary, bless the dying, sooth the suffering, pity the afflicted, shield the joyous: and all for your love's sake.

Amen.

On November 3rd, the preour area will be held at Christ Binghamton from 6:45 – 9:00 p.m. Probe will be in attendance to everyone attending. If you desire 639-1201.

The Diocese of Central New York people in El Salvador, our mission



convention Regional meeting for Church, 10 Henry Street, The Bishop elect, DeDe Duncandiscuss future matters and to greet to attend, please contact Betty Vail

which we are a part of, supports church. The 14th Mission of

Miracles medical mission will take place on January 2017. People from the Diocese travel to El Salvador taking medical items to their people as they cannot get the needed supplies in their country. At St. Ann's we have a sheet with the list of items needed. They can be found t a dollar store or pharmacy. If you desire to participate, the items will need to be brought to St. Ann's no later than November 6. Our two delegates to convention will take everything with them to convention the following weekend. Your support for this outreach is truly appreciated. Thank you very much.

The brass at St. Ann's needs to be polished for the upcoming holidays. We will do this on Sunday, November 06 after coffee hour. Six or seven people are needed to polish. When we have many hands, the work is much lighter and goes quickly. Your support will be most appreciated.

On Saturday, December 3rd, our Bishop elect will be consecrated in Syracuse. More details on this will be in the November newsletter. Please let Father David know if you are interested in attending.

Luke 9:35. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!

THE PARISH NEWS



Advance note! Daylight Savings time ends at 2 a.m. on All Saints' Sunday, November 6th

CELEBRATIONS IN OCTOBER



08 Grace Affuso 12 Rylee Noone 22 Carol Cimini



06 Calvin & Tracey Tallmadge

Please send your birthday/anniversary dates to me @ <u>cttallmadg@aol.com</u> or advise me at church.



Offering envelopes are in the Parish Hall, take one and put down your number on the yellow pad. If you have not returned your card, it is not too late. Please put the card in the envelope that was provided and put it in the offering plate or mail to:

St. Ann's Church P. O. Box 22 Afton, N. Y. 13730

The Lord loves a cheerful giver.

Thank you to all for your support of our Parish!!!

Proverbs 3:5-6. Trust in the Lord with all your heart, and do not rely on your own insight.
In all your ways acknowledge him, and he will make straight your paths.



VESTRY HIGHLIGHTS

Excerpts from Vestry Meeting, 9/18/2016

- 1. Outreach contributions were made to Chenango Co. hospice and Episcopal Relief & Development.
- 2. The future of the clothes closet was discussed. The last time we were open, we had 40 individuals who took clothing items. The need is there, but it is difficult to get people to man the closet when it is open. We got several compliments and thank- yous from people looking for clothing items.
- 3. Annual meeting will be October 2nd.
- 4. It was suggested that we purchase two wicker baskets for collection of offering during services as the metal plates tarnish very easily and are difficult to clean. The purchase of two baskets was approved.
- 5. St. Ann's will be responsible for handling the May Breakfast next year. This activity is rotated among the Interchurch Council Churches.
- 6. Vestry approved paying ½ of the material cost for the new concrete sidewalk in front of the Church. The old sidewalk had 5 broken sections. This work has been completed.
- 7. It was suggested that we support the Afton Youth Sports Organization by purchasing a fence sign. This was approved. Some 200 youngsters participate in this program.
- 8. Electric supplier has been changed from Agway to NYSE&G as their rates are considerably less.
- 9. A parishioner has suggested that we look at an upgrade of our speaker and amplifier system in the Church, taking advantage of newer technologies. Dan Vail volunteered to look into this.
- 10. November 13th. was approved as Stewardship Sunday.
- 11. A contribution to the "farewell" gift for Bishop Skip was discussed. It was decided that instead of that, we contribute towards the various items that the new Bishop will need when she takes over the Diocese.
- 12. Fr. David asked that the vestry consider a salary increase of 3%. This was approved after discussion.
- 13. Deacon Kay explained the duties of a deacon and the areas in which a deacon would typically work.
- 14. It was suggested that we look into a replacement light fixture for the vestibule as the existing fixture is dim.
- 15. Treasurer's report shows that we are still solvent, thanks be to God. The treasurer thanked everyone for their continued financial support of the Parish.
- 16. Meeting was adjourned at 11:34 a.m.

"For I KNOW THE PLANS | have for you," DECLARES THE Lord, "PLANS TO PROSPER YOU AND NOT TO HARM YOU, PLANS TO give you hope AND A FUTURE." JEREMIAH 29:11



A Prayer for Parents

Oh God, make me a better parent. It is the most important job in the world and one for which there is no prior training. Help me to understand my children, to listen patiently to what they have to say and to respond to their questions kindly. Keep me from interrupting and contradicting them. Help me to be as courteous to them as I would have them be to me.

Give me the courage to confess my sins against my children and the generosity of spirit to ask them for forgiveness when I know I have done wrong. Forbid that I should laugh at their mistakes or resort to shame and ridicule. Oh Lord, reduce the meanness in me. May I cease to nag. When I am out of sorts, help me please, to hold my tongue and keep my temper under control. Blind me to the insignificant shortcomings of my children and help me to see the good things they do. Give me a ready word for honest praise. Make me ever mindful that they need the nurturing that comes with encouragement and appreciation for their small successes.

Help me remember that my children are only children so that I may not expect from them the judgment of adults.

Allow me not to rob them of the opportunity to wait on themselves, think for themselves, and to make their own mistakes. Forbid I should ever punish them as a means of ridding myself of anger and frustration. Help me to exercise reason and control. May I grant them all wishes that are sensible and give me the courage to withhold a privilege when I know it might do them harm.

Make me fair and just, considerate and companionable, so they will have genuine esteem, respect, and affection for me. Make me fit to be loved and imitated by my children, for this is the greatest compliment of all. Amen.

---Author unknown---



The Final Word

One of them, when he saw that he was healed, came back to Jesus, shouting, "Praise God, I'm healed!" He fell face down on the ground at Jesus' feet, thanking him for what he had done. Luke 17: 15-16

This encounter takes place immediately after Jesus healed the ten lepers who he encountered on his way to Jerusalem. Only one of the ten turned back to thank Jesus. That's 10 percent. Think of it. Ten people with leprosy, a debilitating and incurable disease in those times, are healed and only one in ten turns back to thank the healer. Thanksgiving is defined as 1) an act of rendering thanks, especially to God and 2) a prayer expressing gratitude, i.e., appreciative of benefits received. It is an interesting human attribute. One of my former priests told of a parishioner who admitted that Thanksgiving was his least favorite holiday. His explanation was that expressing thanks forced him to admit that he was not able to do it all on his own and he was uncomfortable with that admission. What about us? Is each of us that one in ten who turned back to give thanks? Or are we the nine in ten who did not? A loving mate works hard all day at the office or at home. Do we bother to give thanks? Think about how often in a day someone does something for us, however small. How often do we say thanks? Now think about how often God helps us in a day. Think about how much God has given us. How often do we say thanks to Him? It is right to give thanks to God both in our corporate worship and in our personal prayers. This provides the perfect opening to remind everyone that the Fall UTO Ingathering will take place on or about Nov. 5th. Please do your best to support this very important and effective means of outreach. As Paul says in 1 Thessalonians 5:18: "No matter what happens, always be thankful, for this is God's will for you who belong to Christ Jesus." May it be so for us in the family that is St. Ann's. PCV

St. Ann's Episcopal Church P. O. Box 22 Afton, New York 13730

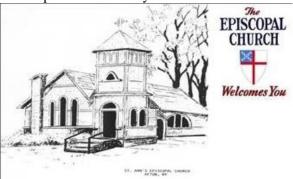
SHARING GOD'S LOVE IN OUR COMMUNITY THROUGH PRAYER. STUDY AND ACTION

Clergy: The Rev. David A. Hanselman

Wardens: Betty Vail

Tracey Tallmadge

Worship Service: Sunday 9:15 am



Address Label Here